



## Protect Independence, Dignity, Choice and Safety for Oregon’s Seniors & People with Disabilities

Oregon’s Legislature made **critically needed investments** in services and supports for seniors and people with disabilities during the 2013-15 biennium. After many years of cuts and reductions, a small step was taken to reverse this trend and prioritize our vulnerable individuals. These investments allow our system of long-term care to focus on proven methodologies to reduce health care costs, reduce reliance on entitlement programs, improve overall quality of life and maximize independence.

In 2015-17, it is essential that our Legislators prioritize the **independence, dignity, choice and safety** of our seniors and people with disabilities. Continuing investments in these services and supports will continue to realize the positive outcomes and cost avoidance measures for our state and our seniors and people with disabilities.

	Funding	Numbers served/reached	Outcomes
<b>Gatekeeper Program via the ADRC</b>	\$1.7 million	Over 250 businesses and community partners have been trained in the Gatekeeper program. Over 500 calls have been received by ADRCs through Gatekeepers.	This nationally recognized program provides a first line of defense against situations that are potentially harmful including abuse to vulnerable people. Gatekeeper is shown to lower social isolation, decrease depression symptoms and reduce risk of suicide. Referrals of potential abuse have been made as a result of Gatekeeper.
<b>Evidence Based Mental Health Programs via the ADRC</b>	\$1.8 million	Over 400 have been served through this program as well as training provided to staff and community partners	These evidence-based programs have been proven to help reduce depression, anxiety or substance abuse in seniors – a high priority for our state.
<b>Options Counseling via the ADRC</b>	\$1.4 million	Over 75,000 consumers contacted the ADRC in 2014  Over 4,000 have been served through Options Counseling.	Individuals have reported: <ul style="list-style-type: none"> <li>• Living in the place they most desire</li> <li>• Enough support to meet their needs</li> <li>• More independent</li> <li>• Safer in their homes</li> <li>• Better able to preserve their financial resources</li> <li>• Finding services they can afford</li> <li>• Better able to understand the service system</li> <li>• Better able to understand their options</li> </ul>

<b>Evidence Based Health Promotion &amp; Disease Prevention via the ADRC</b>	\$1.25 million	Over 3,000 older adults have been reach and participated in programs.	These evidence-based programs are proven to mitigate the negative impacts of chronic disease and related injuries and contribute to improved overall health.
<b>Oregon Project Independence – Services to Seniors</b>	\$21.5 million (\$10m in expansion)	Over 4,000 seniors have been served through OPI in the 13-15 biennium	<ul style="list-style-type: none"> <li>• The average cost per client in OPI is \$300-\$350 per month. This is compared to \$2,200 up to \$8,800 per month for an individual received Medicaid services</li> <li>• Over 96% of OPI clients are at income levels that would qualify them for Medicaid services.</li> <li>• Over 80% of OPI clients have a Service Priority Level (SPL) within Medicaid eligibility criteria.</li> </ul>
<b>Oregon Project Independence – Pilot Project for People with Disabilities</b>	\$6 million for the 15-17 biennium	Over 350 individuals are receiving services through this pilot.  A majority of individuals in the Pilot have received services for six months or less due to the timing of funding for the pilot	<ul style="list-style-type: none"> <li>• The average cost per client in this Pilot is about \$350 per month, similar to the Senior program.</li> <li>• Over 75% of clients are at an income level less that \$1,500 per month</li> <li>• Over 90% are at an income level less than \$2,000 per month</li> <li>• Over 70% of consumers in the pilot are at risk of out of home placement.</li> <li>• Over 50% of those served have a Service Priority Level within Medicaid eligibility criteria.</li> </ul>
<b>Older Americans Act services and supports</b>	\$2 million	Over 500,000 seniors were served in Federal Fiscal Years 2013 – 2014	<ul style="list-style-type: none"> <li>• 1.6 million home delivered meals provided to seniors</li> <li>• 970,000 meals provided at senior meal sites</li> <li>• 23,708 nutrition education session provided</li> <li>• 36,547 units of service provided to unpaid caregivers serving elderly adults</li> <li>• 9,718 consumers accessed legal services</li> <li>• 212,776 hours of homemaker/personal care services provided</li> <li>• 138,485 rides provided to consumers</li> <li>• 47,377 hours of home care services provided</li> <li>• 20,420 rides with an attendant provided</li> </ul>

Protecting investments in services and supports for seniors and people with disabilities will **protect the independence, dignity, choice and safety** for these individuals. We are taking **proactive, cost effective steps to improve health, quality of life and to lower costs for our state.**